

Brain Injury Matters

At Brain Injury Matters we help people rebuild their lives after an Acquired Brain Injury and enhance their quality of life through a wide range of services.

We are a local charity and all our work is within Northern Ireland.

All of our services aim to promote independence, foster personal development and support people to adapt to life after illness or accident. Our services are delivered by a combination of professional clinicians and staff with specialist knowledge of Acquired Brain Injury rehabilitation.

About Acquired Brain Injury

An acquired brain injury is an injury caused to the brain by events after birth rather than as part of a genetic or congenital disorder. There can be many different causes; medical conditions such as haemorrhages and tumours, stroke, road traffic collisions or sporting injuries. Brain injuries can impair mental, physical and emotional abilities and can lead to lifelong disability. In Northern Ireland there are an estimated 2000 new cases of mild to moderate and severe brain injury every year.



**BRAIN
INJURY
MATTERS**

Contact details

Brain Injury Matters

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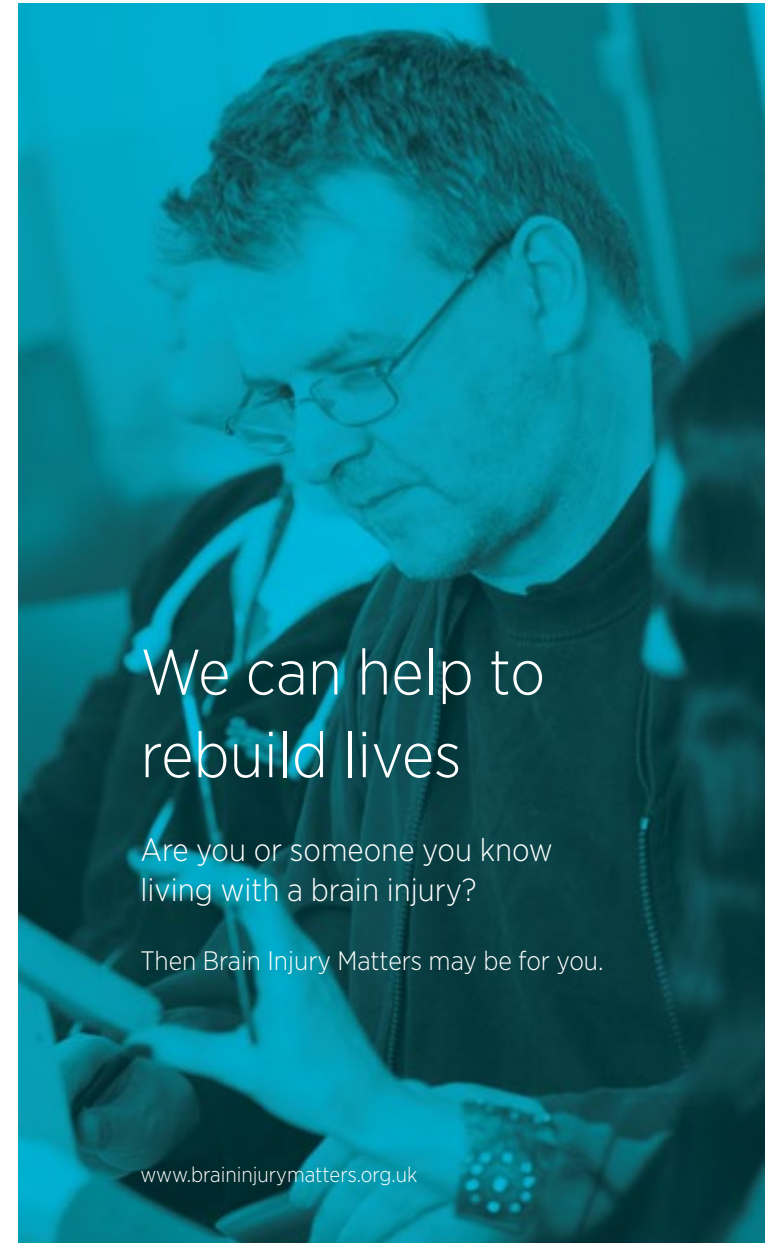
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Twitter: twitter.com/braininjurymatters

Charity No XR26050



We can help to
rebuild lives

Are you or someone you know
living with a brain injury?

Then Brain Injury Matters may be for you.

www.braininjurymatters.org.uk

How do I access services?

Services are open to anyone with an Acquired Brain Injury aged over 16. To access any of our services please complete a referral form which can be downloaded from our website www.braininjurymatters.org.uk or simply contact our Head office on 028 90705125 for more information or to arrange an assessment with one of our team.

Please note that you must be independent in personal care or have a carer attend with you. We regret that we do not accept referrals from people with progressive conditions.



Wellbeing Programme

The Wellbeing Programme offers specialist community based support including neuro physiotherapy, tailored exercise programmes, art, drama, music therapy and other activities to sustain a good quality of life after rehabilitation. A flexible programme of support helps promote recovery, maintain gains and develop new skills.

Wellbeing Outreach Programme

The Wellbeing Outreach Programme provides recreational, educational and social opportunities in local neighbourhood settings for those living isolated in the community. It enables people to meet with others in similar situations while benefitting from various activities to enhance their personal lifestyles.

Younger Person's Network

The Younger Person's Network provides a structured personal development programme which combines physical, emotional and practical supports for young people with a brain injury from aged 16.

Counselling

The Counselling service offers confidential, one to one support for anyone affected by brain injury, with trained professional counsellors to help address specific challenges on adjusting to life after brain injury.

Training Service

The Training Service provides training and information on all aspects of brain injury for health professionals, solicitors, families, volunteers and anyone interested in finding out more.



Donate

You can donate now by texting **"GIFT15"** and the amount of you wish to donate to **70070** or set up your own Just Giving page by visiting

www.justgiving.com/braininjurymatters

How can you get involved?

Our work is reliant on the generosity and dedication of our supporters to fund vital life enhancing services. There are lots of ways to get involved:

- Set up a regular gift through your bank
- Ask your workplace to nominate us as Charity of the Year or ask about payroll giving
- Support one of our many events
- Leave a gift in your will or give in memory of a loved one
- Give in celebration of your wedding, birthday or anniversary
- Take on a challenge or complete one of the many running events for Brain Injury Matters NI
- Ask your local school, sports club or Church to support
- Set up your own Just Giving page by visiting www.justgiving.com/braininjurymatters
- Volunteer with one of our services and make a difference to your local community while benefitting from tailored training and the opportunity to learn new skills or support learning at college or university.